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**February 2012**

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**HELLO EVERYONE!!!!**

Welcome to the beginning of another busy year. Just a few weeks ago 7 of our Parent to Parent Staff volunteered to support VALID in their annual Have a Say Conference.



This conference was held in Geelong Victoria and was a great learning experience for us all.

This newsletter is provided as an information service to our members. Comments are welcomed.



# Epilepsy Queensland Inc

- Purple Day - On 26<sup>th</sup> March help unmask epilepsy!
- Understanding Epilepsy Workshop - Gladstone 20<sup>th</sup> March
- Epilepsy Parents Australia Facebook Group
- Like to share your story about epilepsy?
- 2012 Child Neurology Congress

## Epilepsy Queensland's Purple Day Event

Save the date!

Sunday 25<sup>th</sup> March

On Sunday 25<sup>th</sup> March you are invited to attend Epilepsy Queensland's Purple Day Event. A fun and informative day for everyone of all ages.

There will be a seminar on Unmasking the myths, misconceptions and mysteries of epilepsy, great activities to keep the children entertained, lunch and more. Join us from 11.00am to 3.00pm at the University of Queensland, St Lucia campus.

Contact Epilepsy Queensland to register your interest today - phone (07) 3435 5000 or email [rsvp@epilepsyqueensland.com.au](mailto:rsvp@epilepsyqueensland.com.au)



## Purple Day for Epilepsy

Epilepsy Queensland invites you to UNMASK EPILEPSY and by doing so, help them raise much needed funds and awareness for the 90,000 Queensland children and adults living with epilepsy!



Epilepsy Queensland is proud to be the official partner of Purple Day for the 4th consecutive year. Their role involves fundraising, selling merchandise and promoting Purple Day throughout Queensland.

**Purple Day** is a grassroots effort dedicated to increasing awareness about epilepsy worldwide. On 26<sup>th</sup> March people from around the globe are asked to wear purple and spread the word about epilepsy.

For further information contact (07) 34355000 or 1300852853 (outside Brisbane)

Website: [www.epilepsyqueensland.com.au](http://www.epilepsyqueensland.com.au)



Epilepsy Queensland Inc  
**'Understanding Epilepsy' Training**  
2012 REGIONAL VISITS

Epilepsy Queensland extends an invitation to Disability Support Workers, Child Care Workers, Teachers, Nurses, Allied Health Professionals and Volunteers to attend a workshop on 'Understanding Epilepsy' an Education Session on epilepsy.

They will be visiting the following areas this year –

March 20 <sup>th</sup>	Gladstone
April 11 <sup>th</sup>	Mackay
May 9 <sup>th</sup>	Gold Coast
June 12 <sup>th</sup>	Sunshine Coast
July 25 <sup>th</sup> - 26 <sup>th</sup>	Mt Isa
August 14 <sup>th</sup> – 16 <sup>th</sup>	Townsville / Cairns
October 15 <sup>th</sup>	Toowoomba

#### TOPICS COVERED

- Introduction to epilepsy
- Recognising the types of seizures
- Seizure management
- Minimising triggers
- First aid & emergency situations
- Resources available
- Program evaluation/Presentation of 'Certificate of Attendance'

COST                      To be advised  
PRESENTER              Education & Client Service Officer

(They reserve the right to change dates / details although correct at time of printing)  
For further information please contact the Services Team on 1300 852 853 or (07) 3435 5000  
or [services@epilepsyqueensland.com.au](mailto:services@epilepsyqueensland.com.au)

#### Epilepsy Queensland Sunshine Coast Support Group

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The Sunshine Coast support group gives people associated with epilepsy the chance to talk with others who have or have had similar experiences and understand how they're feeling. It also provides an opportunity to establish a better understanding of epilepsy.

The Sunshine coast Family Support Groups meets.....

Venue: No 44 Corner of Beach Parade & Sixth Avenue, next to the Maroochydore Library.

When: 10.00am – 12.00pm

Contact: Charlene Mundy on (07) 34355009 (RSVP ESSENTIAL)

Dates for 2012; April 13<sup>th</sup>; July 13<sup>th</sup>; October 12<sup>th</sup>

For further information contact Epilepsy Queensland on (07) 3435 5000 or 1300 852 853

Email [services@epilepsyqueensland.com.au](mailto:services@epilepsyqueensland.com.au)



Fabic will be presenting 3 different "behaviour specialist" workshops throughout 2012.

1. Understanding Behaviour - *Conducting a Functional behaviour Assessment for People Using Unwanted Behaviours*
2. Changing Behaviour - *Increase Wanted Behaviours while Decreasing Unwanted Behaviours*
3. Understanding Aspergers & Autism Spectrum Disorder - *Creating Positive Experiences for a Person with Aspergers & other Autism Spectrum Disorder*

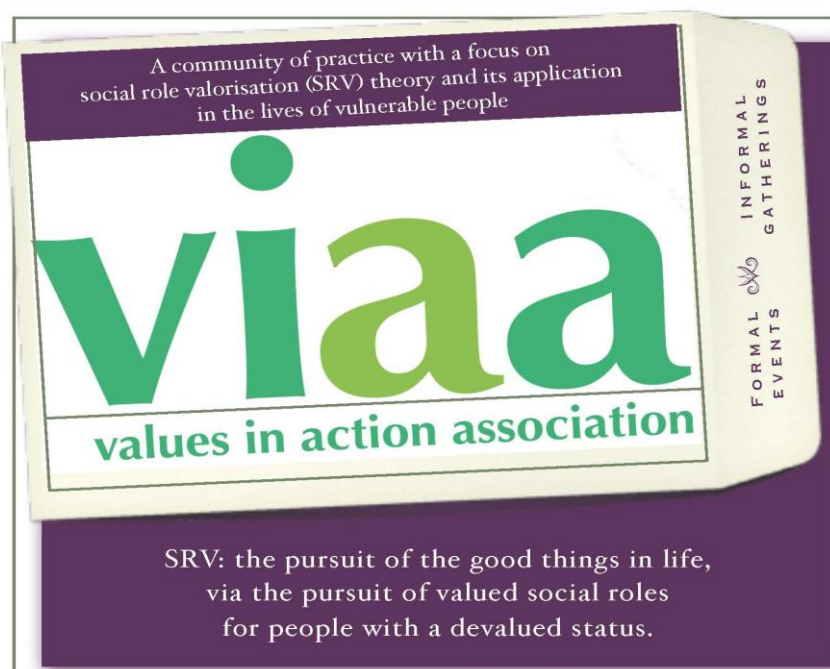
**Queensland:**

1. Brisbane - Understanding Aspergers & ASD's - 14th May 2012
2. Brisbane - Understanding Behaviour - 08th August 2012
3. Brisbane - Changing Behaviour - 09th August 2012
4. Brisbane - Understanding Aspergers & ASD's - 29th October 2012
5. Cairns - Understanding Aspergers & ASD's - 24th February 2012
6. Kingaroy - Changing Behaviour - 06th February 2012
7. Longreach - Changing Behaviour - 04th May 2012
8. Rockhampton - Understanding Behaviour - 10th May 2012
9. Rockhampton - Changing Behaviour - 11th May 2012

Contact details: Suite 34 Worongary Town Centre (Level 1)  
1 Mudgeeraba Road  
Worongary, Gold Coast QLD 4213  
Phone: (07) 5530 5099  
Website: [www.fabic.com.au](http://www.fabic.com.au)

2012

## Calendar of events



### WORKSHOP DESCRIPTIONS (GST NOT INCLUDED)

#### Social Role Valorisation

#### 7 themes: a leadership level event

The lecture and discussion format explores the nature of social devaluation and the seven key themes that make it more likely that people with disabilities, aged people and other vulnerable groups will have access to good lives. The material is most suited to those in leadership roles, and can be confronting yet lead people to deep insights about our human service system and society. The workshop is held across 3 weeks, to enable those with busy lives to attend.

Completion of this event allows entry to the practicum, PASSING.

Event Coordinator: Bek Gilson  
0422 744 266

Senior Trainer - Jane Sherwin

June 12, 13 & 14

\$350, concession \$130

### MORE WORKSHOP DESCRIPTIONS ON PAGE 2

Event flyers  
will be emailed  
6 weeks before  
each workshop



## Workshops at a glance

### SRV Theory

'Towards a Better Life'  
Introductory level  
2 day course:

20 & 21 March

25 & 26 July

### SRV Theory

'7 themes'  
Leadership level  
3 day course:

12, 13 & 14 June

### Advanced PASSING

For people who have done an  
introductory PASSING

3 day course:

3, 4 & 5 September

### PASSING

The introductory practicum  
5 day course:

29 Sept - 2 Oct

Stay connected to people  
involved in SRV

Join **ViAA**

**Bookmark**

[www.socialrolevalorization.com](http://www.socialrolevalorization.com)

Get the **international journal**  
[http://www.srvip.org/  
journal\\_general.php](http://www.srvip.org/journal_general.php)

Join the **SRV groups** on  
Facebook and LinkedIn



## Participatory Leaders in Action: The Art of Hosting Conversations that Matter



The Art of Hosting is an approach to finding new solutions for the challenges we face as workplaces and communities. It activates collective intelligence and builds on the strengths and knowledge we already have.

Featuring a team of local and international practitioners, including **Toke Moeller**, **Monica Nissen**, **Phil Cass**, **Mary-Alice Arthur**, **Wallis Westbrook** and **Valmae Rose**, these workshops will explore the use of conversation and participatory leadership as tools for system and organisational change. Don't miss this opportunity to learn from some of the world's foremost experts; offered in both 1-day & 3-day formats.

>> to find out more visit [www.workforce.org.au](http://www.workforce.org.au)

In-depth 3 day program

**22-24 February 2012**

Botanical function venue

152 Mt Coot-tha Rd, **Brisbane**

1 day introduction

**1 March 2012**

Coral Cove Resort

1 Pebble Beach Drive, **Bundaberg**

1 day introduction

**2 March 2012**

Botanical function venue

152 Mt Coot-tha Rd, **Brisbane**



Presented by the Health and Community Services  
Workforce Council and National Disability Services

# Do you use an ipad/iphone

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if so listed below are some apps that you might be interested in:

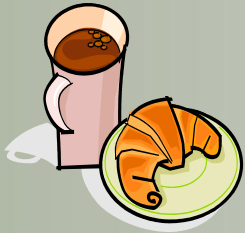
- Lazy Town <http://itunes.apple.com/au/app/lazytownbooclips/id424736849?mt=8>(free)  
<http://itunes.apple.com/au/app/lazytowns-dr.-rottenstein/id438927929?mt=8>  
<http://itunes.apple.com/au/app/lazytowns-sportafake-booclip/id438927266?mt=8>
- Tiga Talk <http://itunes.apple.com/au/app/tiga-talk-speech-therapy-games/id412024533?mt=8> (fun animated activities for practising articulation of sounds)
- My Choice Board <http://itunes.apple.com/au/app/my-choice-board/id384435705?mt=8>
- Pictello <http://itunes.apple.com/au/app/pictello/id397858008?mt=8>  
(talking stories that you can create)
- I like fall <http://itunes.apple.com/au/app/learn-to-speak-i-like-fall/id446292972?mt=8>  
(book created especially for learning speech – free)
- I love mom <http://itunes.apple.com/au/app/speech-therapy-i-love-mom/id446012470?mt=8> (book created especially for learning speech - free)
- Match-up Opposites <http://itunes.apple.com/au/app/preschool-game-little-matchups/id446659740?mt=8> (check out other free apps by this company lots of great games and photo books)

If you search in the apps search bar using “speech” as your search word you will find lots of other great apps. Please note that speech apps are often expensive so see if anyone has them before purchasing, so you won’t be disappointed.





## Gympie MyTime



The Gympie West ECDP invites you to join us for our MyTime Term One activities.

**Where:** ECDP Gympie West State School 41 Cartwright Road.

**[Activities Calender 1st Term 2012](#)**

**29<sup>th</sup> February – Discussion: Tricks of the Trade.** *What are some of the skills or habits that you have developed to assist you in caring for yourself and your family.*

**14<sup>th</sup> March – Gluten Free Cooking with Hellen Taylor.** *Special dietary needs are becoming the norm in our society. Hellen will show you how easy it is to prepare healthy gluten free foods for the family.*

**28<sup>th</sup> March – Easter party –** *bring some Easter treats, hot cross buns and paint an Easter egg or two.*

*All requirements for activities will be provided unless otherwise stated.*

If you are a parent, grandparent or anyone caring for a child with a disability, developmental delay or chronic medical condition, then MyTime is a wonderful program designed to help and support you. This peer support group provides the opportunity to socialise, share ideas and information with others who understand the rewards and intensity of caring for a child with special needs.

**For more information, contact the new Facilitator Lee-Anne Dawson**

**Mobile:** 0439328448    **email:** [ephraile@live.com](mailto:ephraile@live.com)

**It is essential to let Lee know how many children will be coming with you so that they can provide quality care for your children whilst you are enjoying MyTime.**

# CRU

Community Resource Unit Inc

Level 2/43 Peel Street  
(PO Box 3722)  
South Brisbane Qld 4101

Telephone (07) 3844 2211  
Email [cru@cru.org.au](mailto:cru@cru.org.au)  
Website [www.cru.org.au](http://www.cru.org.au)

## Responding Well to People with “Challenging Behaviours” and its Messages

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### Presented by Ann Greer

When: Thursday 8<sup>th</sup> March 9am to 5 pm

Venue: Riverglenn Conference Centre  
70 Kate Street, Indooroopilly Qld 4068

#### About the workshop:

In the workshop she will cover topics such as behaviour as a means of communication; looking at ourselves and understanding our part in the behaviour of others; practical tips on 'making a start' to working with a person who provides behavioural challenges; developing a personal style which is not punishing to people with disabilities; communication and its role in behaviour and much more! The workshop will be a mixture of learning through stories, practical tips, strategies & information sharing. It will not provide a recipe to 'fix' the person - participants will be encouraged to understand more about the situations in which people with challenging behaviour find themselves and to be responsive, even when support needs are complex.

#### Who is workshop is for?

This workshop is designed to be challenging to those who participate - and is for those who are looking to be extended and open to exploring life affirming ways to understand challenging behaviours. It is not a workshop for those people who feel confirmed in their thinking about the place of punishment and natural consequences in making changes to a person's behaviour.

#### About the Presenter:

**Ann Greer** has over fifteen years professional experience working with people whose behaviours are seen as challenging. She draws upon the writings and teachings of Anne Donnellan, LaVigna and Willis and the concepts of Gentle Teaching. Most of all, her learning and understandings have come from her greatest teachers, people with disabilities themselves. Ann is the manager of Community Connection in Townsville and mother of three adults, two of whom live with disability

# CRU

Community Resource Unit Inc

## An Introduction to the Fundamentals of Social Advocacy

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### Presented by Dr Michael Kendrick and Jan Dyke

When: Monday 12<sup>th</sup> March 9 am to 5 pm

Venue: Riverglenn Conference Centre  
70 Kate Street, Indooroopilly Qld 4068

Advocacy is critical to the safety and wellbeing of people with disability. With this in mind we invite you to join them to re-visit the fundamentals of advocacy.

Michael will present an overview of social advocacy and its principles, the confusion between advocacy and other similar appearing activities, and ways to sustain advocacy. He will also address common challenges: discerning best interests, challenging authority while managing conflict mindfully, maintaining integrity, and being realistic about the inevitable costs of advocacy. Jan will examine a filter to help clarify and deepen the understanding of different forms of principled advocacy in practice. She will assist participants to think about how to safeguard advocacy from external and internal threats and to identify some important questions that need to be considered to sustain strong, independent advocacy in Queensland.

#### Who the Workshop is for

Advocates —both paid and unpaid. This is for people in advocacy organizations (workers or voluntary committee members) and people who are unpaid advocates i.e. People with disability, parents and family members, and ordinary citizens who speak out on behalf of a person with disability.

#### About the Presenters

**Dr Michael Kendrick** is well known internationally as an educator, advocate, consultant and author. He has worked in government and non-government agencies and consults on issues such as service quality, safeguards, and design of personalized services.

**Jan Dyke** has worked for over forty years in roles of therapist, service provider, lecturer, consultant and advocate, as well as being involved very personally in a number of people's lives. Jan has been part of the development of formal social advocacy in Queensland since its inception. She continues to assist people involved with small, personalised services and advocacy organisations that try to make a real and sustainable difference to the lives of people with disability.

**Please call or email Lisa Bridle - [lisabridle@cru.org.au](mailto:lisabridle@cru.org.au) for more information**

# CRU

Community Resource Unit Inc

## Dilemmas in Supporting “Choice”

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**Presented by Dr Michael Kendrick**

When: Thursday March 13<sup>th</sup> 9am to 5pm  
Venue: SurfAir at Marcoola Beach  
923 David Low Way, Marcoola Beach

### About the Seminar

The right of individuals to choose is highly valued in our society. For many people it is portrayed as *the* most important consideration relative to other needs. As we support others to exercise choice, a lack of clarity and consistency in our approach can mean that people are “abandoned to choice” on significant issues for which they have little life experience and then simultaneously denied choice on more day to day matters. The systems they operate in often promote “choice” in the abstract, but then fail to generate the choices that are promised.

*Choice is not quite the straightforward issue it may seem.*

In this event, Dr Michael Kendrick will assist them to examine some of the many issues associated with choice, including:

- the complex dilemmas of supporting choice
- the links between choice and responsibility
- the role of principles and ethics to guide decision-making
- the contexts in which choice is offered
- and the constraints to supporting choice
- positive strategies for strengthening choice

Michael will also assist them to systematically think through a more sustainable framework for ensuring people with disability get to exercise as much autonomy and choice as possible.

### Who should attend

This presentation will be of interest to those who are concerned about how to offer meaningful and legitimate choice to people with disabilities and how to ensure that people are safe and well supported as they develop their skills and expertise in making their own choices. We expect it to be of interest to a wide range of people concerned about the potential and implications of choice including people with disabilities, their families and workers, managers, advocates, board members and others who have regular involvement in people’s lives.

### About the Presenter

Dr. Michael Kendrick is well known internationally as an educator, advocate, consultant and author. He has worked in government and non-government agencies and consults on issues such as service quality, safeguards, and design of personalized services.

Michael’s website [www.kendrickconsulting.org](http://www.kendrickconsulting.org) contains further information and resources.

# Links & Contacts

## Useful Centrelink Numbers

Disability, Sickness and Carers Phone: 132717

For more information go to Centrelink website at [www.centrelink.gov.au](http://www.centrelink.gov.au)

Human Rights and Equal Opportunity Commission: Disability Standards and Guidelines

[www.hreoc.gov.au/disabilityrights/standards/standards.html](http://www.hreoc.gov.au/disabilityrights/standards/standards.html)

Home Medical Aids Subsidy Scheme Phone: (07) 3136 3636 <http://www.health.qld.gov.au/mass/>

Marfan Association [www.marfan.net.au/queensland](http://www.marfan.net.au/queensland)

Mental Health [www.mhfa.com.au](http://www.mhfa.com.au)

Queenslanders with Disability Network [www.qdn.org.au](http://www.qdn.org.au)

QPPD (Qld parents for people with a disability) [www.qppd.org](http://www.qppd.org)

## Parent to Parent Regional Contacts

<b>Brisbane</b>	<b>Fraser Coast</b>	
Emma Bennett	Sue Campbell	
Ph. 0403 019 166	Ph. 0422 045 290	
<a href="mailto:emma@parent2parentqld.org.au">emma@parent2parentqld.org.au</a>	<a href="mailto:sue.c@parent2parentqld.org.au">sue.c@parent2parentqld.org.au</a>	
<b>Sunshine Coast</b>	<b>Toowoomba</b>	
Carol Thorne	Lindsay Knorr	
Ph. 5472 7072	Ph. 4638 8008	
<a href="mailto:carol@parent2parentqld.org.au">carol@parent2parentqld.org.au</a>	<a href="mailto:lindsay@parent2parentqld.org.au">lindsay@parent2parentqld.org.au</a>	
<b>Gold Coast</b>		
Wendy Chandler	Jackie Alves	
Ph. 0417 787 646	Ph. 4638 8008	
<a href="mailto:wendy@parent2parentqld.org.au">wendy@parent2parentqld.org.au</a>	<a href="mailto:jackie@parent2parentqld.org.au">jackie@parent2parentqld.org.au</a>	
<b>Gympie</b>		
Belinda McAuliffe	Steven Paull	
Ph. 0401 768 040	Ph. 4638 8008	
<a href="mailto:belinda@parent2parentqld.org.au">belinda@parent2parentqld.org.au</a>	<a href="mailto:steven@parent2parentqld.org.au">steven@parent2parentqld.org.au</a>	

For more information contact us:

Office Address: Cnr Nambour Connection & Ayrshire Roads Kulangoor Qld 4560

Postal Address: P.O. Box 434 Yandina Qld 4561

Office Phone: +61 7 5472 7072 | Fax: +61 7 54727073 | Free call: 1800 777 723

Email: [info@parent2parentqld.org.au](mailto:info@parent2parentqld.org.au) Website: [www.parent2parentqld.org.au](http://www.parent2parentqld.org.au)

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